

## Peace and Quiet Day Dates for 2026

Friday 27<sup>th</sup> February

Friday 27<sup>th</sup> March

Saturday 25<sup>th</sup> April

Friday 29<sup>th</sup> May

Saturday 27<sup>th</sup> June

Friday 31<sup>st</sup> July

Friday 25<sup>th</sup> September

Friday 30<sup>th</sup> October

Friday 27<sup>th</sup> November

10.00 am to 4.00 pm

Website: [www.blackleycentre.co.uk](http://www.blackleycentre.co.uk)

(see Peace and Quiet Day page for booking form)

[office@blackleycentre.co.uk](mailto:office@blackleycentre.co.uk) - for bookings and event enquiries

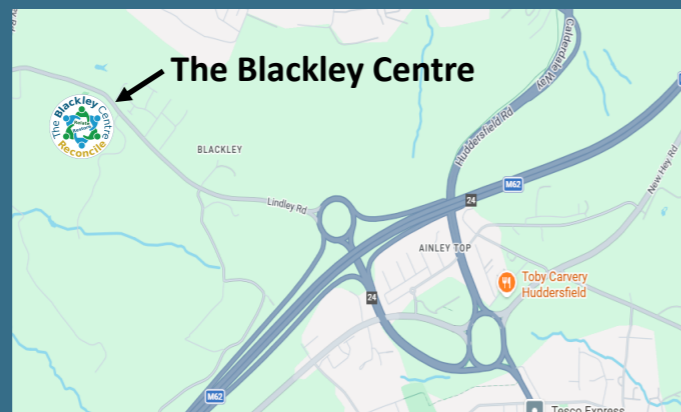
Tel: 01422 646803

The Blackley Centre,

Prospect View,

Blackley

West Yorkshire HX5 0TD



# The Blackley Centre

## *Peace and Quiet Days*

***Come and enjoy the space, resources, and beautiful grounds of the Blackley Centre and Chapel for quiet, reflection, prayer, meditation, reading, painting and creativity. You are welcome to join in with as much or as little as you like.***

***These days are particularly helpful for those who need to find peace.***



## What are Peace and Quiet Days?

Our Peace and Quiet Days provide the opportunity for you to create your own personal day retreat.

The Bible is full of examples of people taking time away from everyday life to become closer to God. For those dealing with conflict it is a place to seek peace within.

Each Peace and Quiet Day begins with a short optional gathering reflection. Resources are available for you to create a personal retreat, for you. There are also various options for you to add to your day (see opposite page for more details)

**£30 including lunch**

**£20 concession for retired/unwaged**

**(There is a £10 subsidy available from the YBA for serving Baptist ministers in Yorkshire)**

There will be tea, coffee, biscuits and cake available throughout the day.

## Add to your day from the following options...

- ♦ **Opening Led Reflection:** A great way to begin at 10.15am with a time of reflection, prayer and meditation, which can provide a thoughtful structure for the rest of your day.
- ♦ **The Blackley Pilgrimage:** A guided walk from the Centre through the valley with lovely views, for about an hour, (reasonably gentle with some uphill sections) with places to stop, pray and reflect, finding peace in creation.
- ♦ **A Conflict Management Coaching Session:** Explore ways to manage yourself and your anxiety, helping to build your resilience, and enabling you to cope with conflict. This is particularly helpful for Church leaders, ministers, their spouses or family members, who are often deeply affected by the stresses of church conflict. Booking is essential. One-to-one coaching Session (1 hour): £30
- ♦ **‘Understanding your Style’ using the Gilmore Fraleigh Style Profile:** An individual session using the Gilmore Fraleigh Style Profile to help you in your understanding of yourself in calm or storm situations. The questionnaire must be completed and paid for prior to the retreat day. Gilmore Fraleigh individual coaching session (1 hour): £40 (this includes Gilmore Fraleigh Questionnaire and Printed Interpretation booklet)
- ♦ **Closing Reflection Time:** Gather with others to share brief thoughts and reflections, closing with prayer and blessing 3.45 – 4.00pm

*“It has been very fulfilling, varied and enriching so many ways”*

*“Lovely food, bright spaces, open countryside”*

*“It’s given me time and space for myself”*

*“Lovely peaceful place, beautiful scenery and a calm, welcoming atmosphere”*